



# Nancy Brook

Speaker | Author

*Find your path, explore your world.*

## Standard Bio

Nancy Brook is author of the book *Cycling, Wine, and Men: A Midlife Tour de France*. The book chronicles her post-divorce dating and bicycle journey across France.

Nancy has written hundreds of magazine and newspaper articles through the years. In her twenties, she undertook a three-year “writing internship” by starting a newspaper. Possessing a lot of passion but limited business acumen, she packed up her family, moved to Montana, and started a monthly publication with her then husband. The newspaper eventually reached a circulation of 40,000 and Nancy was recognized by the Small Business Administration as Media Advocate of the Year.

Additionally, Nancy is an award-winning speaker and 13-year member of Toastmasters International. She has won the District Table Topics contest twice and was a regional finalist of the International Speech contest. She has achieved the designation of Advanced Communicator-Gold.

Nancy holds an MBA from the University of Montana and has more than twenty-five years experience in marketing. Currently, she works as VP of Marketing, for First Interstate Bank Credit Cards.

When she’s not writing, speaking or working, she loves biking and traveling around the world. She lives in Billings, Montana with her two hairy herding dogs.

## Short Attention Span Bio

Nancy Brook is author of the book *Cycling, Wine, and Men: A Midlife Tour de France*. The book chronicles her post-divorce dating and bicycle journey across France. Nancy is an award-winning writer and speaker. She holds an MBA and lives in Billings, MT and works as VP of Marketing, for First Interstate Bank Credit Cards. When she's not writing, speaking or working, she loves biking and traveling around the world. She lives in Billings, Montana with her two hairy herding dogs.

## Random Vitals

Nancy Brook is...

single

lives in Billings, Montana

has a 22-year-old daughter

youngest of five children

author of *Cycling, Wine, and Men: A Midlife Tour de France*

an MBA graduate from the University of Montana

a 13-year member of Toastmasters International

a marketing professional with 25-years experience

## Nancy Brook Introduction – Toastmasters Groups

Have you ever had a dream that you kept putting off because it wasn't practical? Today's speaker wanted to visit France for twenty-five years, and finally, at age 43, she decided to live her dream.

Nancy Brook has recently completed her book on post-divorce dating and her bicycle journey across France, called *Cycling, Wine, and Men: A Midlife Tour de France*. When she's not writing, dating, or biking, she works as Vice President of Marketing for First Interstate Bank Credit Cards.

Nancy is a 13-year-Toastmaster and a member of Sunrisers Toastmasters in Billings, Montana. She has won the District Table Topics contest twice and was a regional finalist of the International Speech contest. Please help me welcome, Nancy Brook, AC-Gold.

Please help me welcome, Nancy Brook.